



# Monkeypox Infection in Children

### Itzhak Brook

Human monkeypox (MPX) is a zoonotic orthopoxvirus infection similar to smallpox. The current worldwide outbreak of MPX is mainly associated with ongoing transmission within the community of men who have sex with men [1] and cases in children are rare [2]. However, MPX infections in children in outbreaks that occurred in Africa were common and their mortality rate was between 3.6% and 10.6% [3, 4].

MPX virus can be transmitted through direct contact with infected individuals (sexual or skin-to-skin), as well as indirect modes of transmission through respiratory droplets, and fomites such as towels and bedding [3, 4]. Sexual abuse should be investigated when MPX occurs in a child. This includes taking careful history and testing for syphilis, gonorrhea, chlamydia and HIV infections. Since the incubation period can vary between 5 and 21 days, finding the source of the infection requires assessment of potential contacts within that period.

Immunization with smallpox vaccine may have a protective effect against MPX virus and can ameliorate the symptoms of the infection [5, 6]. Two vaccines are available in the USA for MPX, the JYNNEOSTM (live, replication incompetent vaccinia virus) and ACAM2000<sup>®</sup> (live, replication competent vaccinia virus) [7]. Additionally, the Aventis Pasteur Smallpox Vaccine (APSV) could be used for smallpox under an investigational new drug (IND) protocol. It is recommended that children who may be at risk of exposure MPX get vaccinated.

Most individuals with MPX have a mild and self-limited illness, and supportive care is generally adequate. Antiviral agents and vaccinia intravenous immune globulin are available for treatments. The antivirals include tecovirimat, brincidofovir, and cidofovir, which were approved for treatment of smallpox in humans based on *in vitro* and animal studies [7]. Antivirals can be considered in severe disease, immunocompromised individuals, children, pregnant and breastfeeding women, those with complicated lesions, and when lesions appear in proximity to the mouth, eyes, and genitals.

Vaccinia immune globulin (VIG) is a hyperimmune globulin approved by the US Food and Drug Administration for treatment of certain complications of vaccinia vaccination. Therefore, treatment of MPX with VIG should be con-

Manuscript submitted August 1, 2022, accepted August 8, 2022 Published online August 22, 2022

Pediatric Medicine Georgetown University School of Medicine, Washington DC 20016, USA. Email: ib6@georgetown.edu

doi: https://doi.org/10.14740/ijcp497

ducted under an IND application [8].

While most individuals infected with MPX virus have a mild, self-limiting disease course, the prognosis for MPX may depend on multiple factors such as previous vaccination status, initial health, and coexisting illnesses or comorbidities.

#### Acknowledgments

None to declare.

### **Financial Disclosure**

None to declare.

## **Conflict of Interest**

None to declare.

### Data Availability

The author declares that data supporting the findings of this study are available within the article.

## References

- Centre for Disease Prevention and Control (ECDC). Risk assessment: Monkeypox multi-country outbreak. Stockholm: ECDC; 2022. Available from: https://www.ecdc. europa.eu/en/publications-data/risk-assessment-monkeypox-multi-country-outbreak.
- 2. Tutu van Furth AM, van der Kuip M, van Els AL, Fievez LC, van Rijckevorsel GG, van den Ouden A, Jonges M, et al. Paediatric monkeypox patient with unknown source of infection, the Netherlands, June 2022. Euro Surveill. 2022;27(29).
- Breman JG, Kalisa R, Steniowski MV, Zanotto E, Gromyko AI, Arita I. Human monkeypox, 1970-79. Bull World Health Organ. 1980;58(2):165-182.
- Bunge EM, Hoet B, Chen L, Lienert F, Weidenthaler H, Baer LR, Steffen R. The changing epidemiology of human monkeypox-A potential threat? A systematic review. PLoS Negl Trop Dis. 2022;16(2):e0010141.

Articles © The authors | Journal compilation © Int J Clin Pediatr and Elmer Press Inc™ | www.theijcp.org This article is distributed under the terms of the Creative Commons Attribution Non-Commercial 4.0 International License, which permits unrestricted non-commercial use, distribution, and reproduction in any medium, provided the original work is properly cited

- 5. Heymann DL, Szczeniowski M, Esteves K. Re-emergence of monkeypox in Africa: a review of the past six years. Br Med Bull. 1998;54(3):693-702.
- 6. Hammarlund E, Lewis MW, Carter SV, Amanna I, Hansen SG, Strelow LI, Wong SW, et al. Multiple diagnostic techniques identify previously vaccinated individuals with protective immunity against monkeypox. Nat Med.

2005;11(9):1005-1011.

- 7. Rizk JG, Lippi G, Henry BM, Forthal DN, Rizk Y. Prevention and treatment of monkeypox. Drugs. 2022;82(9):957-963.
- 8. Wittek R. Vaccinia immune globulin: current policies, preparedness, and product safety and efficacy. Int J Infect Dis. 2006;10(3):193-201.